



NEW CLASS STARTING!

Emotionally Healthy Spirituality

Most people (including pastors) are not being changed in our churches, and, as a result, are not changing the world. The author of the book, Emotionally Healthy Spirituality, Peter Scazzero, discovered these two truths: you can't be spiritually mature while remaining emotionally immature, and unless you slow and quiet your life down for a first-hand relationship with Jesus Christ, little change is possible. The integration of these two truths unleashed a spiritual revolution in Scazzero, in his church, and now in thousands of other churches.

The author outlines his journey and offers a roadmap for a discipleship with Jesus that is powerfully transformative. Topics include how to identify emotionally unhealthy spirituality, how to grow your soul through grief and loss, and how to develop into an emotionally mature adult.

Wednesday evening's study group will use his book and DVD, along with the Bible as a tool for discussions.

This study begins on Wednesday, September 13th at 6:30pm at the Indian Boundary parsonage. The book is \$10 and may be purchased at the church office. Everyone is welcome; feel free to invite your friends. Please contact pastor Eun-Hye at eunhye.choi@plainfieldumc.com with questions.



PLEASE KEEP THESE PEOPLE IN YOUR PRAYERS:

- *Shirley Alden's sister-in-law, Penny Rutherford
- *Fern Angelos' sister, JoAnn Moore; and nephew, Ken Vallrugo
- *Paraqi Bhatt's daughter & husband
- *Russ & Louise Corey
- *Tom Corzan
- *Bev Daniels
- *Jeanne Dupre
- *Elmer & Judy Eddy's friend, Judy Bulat
- *Jan Johnston
- *Ron Lee
- *Veray Mackley's friend, Lisa Calabrese
- *Belinda (Joe) Maranowicz's father, Bill Courter
- *Kelsi Marion, her family & loved ones
- *Misty Martin
- *Sheri Martin's friends, the family of Marc Franzen
- *Donna Morrow's son-in-law, John Vanderhoek
- *Harriett Crismon's nurse, Jamie
- *Betty Quast, at the passing of her brother, Bill Swank
- *Calden Sommerfeld, nephew of Sue Sommerfeld
- *Albert Trevino (husband of Nancy Trevino)
- *The Ward Family, at the passing of Hubert Ward
- **Those serving in the military, our fire fighters and police officers.
- **Victims of war, violence and oppression around the world.
- **Missionaries and aid workers around the world.

If you would like to include someone on the prayer list, please complete a Prayer Request Card.

PUMC CALENDAR August 20th through August 26th

Sun., 8/20		** DUE DATE for September Newsletter **
	9:30	Baptism - Aubrie Larsen
	10:45a	Small Group Leaders' Workshop (206)
Mon., 8/21		** HAPPY BIRTHDAY, Pastor Eun-Hye ! **
	11:30a	Lunch Bunch (C/L)
	6:30p	Education Comm. (C/L)
Weds., 8/23	11:00a	Trinity Food Pantry (Offsite)
Thurs., 8/24	6:30p	Staff-Parish Relations Committee (C/L)



On Saturday, September 9th, *Moms Encouraging Moms* is sponsoring a **Brookfield Zoo Family Day**. Meet at the South Entrance @ 9:30am (Cost: Adults \$19.85, 65+ \$14.50, Ages 3-11 \$14.50, Parking at South Entrance \$2) or you can use your membership pass.

SMALL GROUPS

connect | encourage | grow

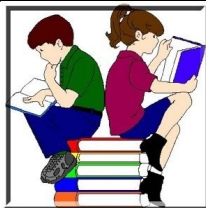


Today the Small Group Ministry Team will host a workshop for Small Group Leaders, to discuss refreshing, refocusing, and revitalizing our small group ministry. We'll be providing info on how to publicize groups and events to the PUMC community and beyond. We are also seeking your input on how we can best support our small group ministry.

Grab some coffee & a treat from the coffee hour table in PFH after the 9:30 service, and then head to Room 206, for a time of learning and sharing. We'll try to keep our time together to one hour, so that you can get out and enjoy the afternoon. See you there!

KIDS' BOOK CLUBS

Hey, kids...ready for some fun? Just pick up these books, read them, and then join us on Thursday, September 7th at 6:30pm, as we discuss our latest reads:



Elementary: *There's a Boy in the Girl's Bathroom*, by Louis Sachar

Middle School: *Long Walk To Water*, by Linda Sue Park

Snacks & FUN provided!



The *Second Annual* PUMC Church Picnic

will be held this year on **Sunday,**

September 24th. The event will be held at the same location (Grande Park Pavillion), with worship **beginning at 10:00am.** A potluck picnic will follow, with the church supplying chicken and beverages.

If you didn't come last year, you'll want to know that Grande Park's picnic pavillion is located adjacent to the parking lot, and offers a paved and fully-accessible place to picnic (with tables) under a canopy. The Park also has a playground for the kids, and full childcare and activities for children will be available.

In addition to the worship service, the event will feature games, fellowship and fun for everyone - not to mention some excellent food! Please mark your calendar and plan to join us! Complete details will be provided in the September newsletter.

CHANCEL CHOIR WELCOME BACK PICNIC!

Join us for our kickoff picnic at Larry and Kim Stephens' home on Saturday, August 26th at 5:00 pm. Bring a lawn chair, a dish to share, and your favorite beverage, and enjoy good food and even better fellowship! Let Kim or Larry know if you plan to attend, or email Beth Best at 525beth@gmail.com.



CHANCEL CHOIR REHEARSALS
...will start Wednesday, August 30, at 7:00pm in the choir room. Come, join us! We welcome veteran singers as well as newbies. Questions? Contact Beth Best at 525beth@gmail.com



**A Note.... from
Bishop Sally Dyck**

**Registration Open
for**

"Day of Conversation"

September 16th

*"The United Methodist Church:
Into the Future"*

You are invited to a critical conversation in today's life of our church. On **Saturday, September 16, from 9:00 am to 3:00 pm**, Bishop Sharon Zimmerman Rader will lead us as we discuss who we are, as part of the body of Christ, specifically The United Methodist Church.

We will be discussing questions of identity, purpose, and mission, as we think about the challenges that our differences around human sexuality present us at this time in The United Methodist Church.

This is not an educational event on homosexuality but on ecclesiology - the study of the mission of the church. Laity and clergy alike are invited.

We will meet at **Grace UMC in Naperville.** I look forward to seeing you there.

For more information and registration, visit https://www.umcnic.org/th_event/day-of-conversation/